



Tented Bush Spa



Gondwana's Spa offers a full treatment menu utilizing the luxurious Africology product range which makes use of South Africa's indigenous plants. Treatments can be in the double volume treatment room or open air for a truly "au naturel" experience.

Gondwana's bush spa offers a full treatment menu utilizing the luxurious and all natural Africology product. The two treatment rooms are completely private and well positioned to take in the breath taking surrounds. Signature treatments include the anti-aging Sundowner facial, African Bliss Body wrap, and Love Bird's Nest couples package.

The spa is a wonderful complement to the overall restorative guest experience on the reserve – come and revitalize yourself with nature's touch, tone and tempo.



Spa Menu

Facial Treatments

Put your African mask on . . .

All facial treatments include skin consultation

Sundowner (60min) R750
(Anti-Ageing facial)
This facial treatment fights free radicals while toning and refining, slowing down the signs of ageing. Extractions optional.

Morning Dew (60min) R700
(Hydrating facial)
This facial treatment neutralizes the free radicals and helps to build collagen and provide antioxidant protection.

Back to Nature (60min) R700
(Skin Booster facial)
This facial treatment is a fantastic defence against harsh weather and the effects of stress and aging.

Touch of Africa (60min) R700
(Sensitive Facial)
This facial treatment refines and clears the skin of any acne or skin irritations associated with inflammation.

Waterhole Plunge (60min) R700
(Deep Cleansing Facial)
This facial treatment restores the elasticity in the skin and makes your skin feel fresh and younger.

Back Cleanse / Facial (90min) R1100
(Deep Cleansing Facial)
This purifying back and facial treatment includes a deep cleanse and exfoliation and extraction, if necessary. A mask will be applied to your back as part of a 20+ minute massage to end your back bliss.

Massage Treatments

Feel like the king of the jungle . . .

Swedish Massage (60 / 90min) R700 / R855
Swedish therapy can be both relaxing and energizing. Using soft long strokes to relieve muscle tension.

Deep Tissue Massage (60 / 90min) R750 / R900
Massaging the deeper layers of muscle and soft tissue in the body applying direct pressure to relax the muscles to relieve chronic aches and pain.

Hot Stone Massage (60 / 90min) R765 / R940
Basalt stones hold heat longer and assist to transfer the heat gently into the muscles to relieve tension.

Back, Neck and shoulder massage (30min) R550
Relaxing massage concentrating on the back, neck and shoulder muscles.

Massage add-on R375
An optional 30 mins added to your massage if time is available.

Body Treatments

Wallow like a hippo . . .

Serengeti Scrub (30min) R390
This body scrub uses a blend of walnut and marula shell powder to exfoliate the skin and remove dead skin cells, leaving your skin smooth and soft.

African Bliss Body Wrap (60min) (incl. body exfoliation) R990
This African Potato wrap, infused with fynbos, honey and rooibos will leave your skin hydrated and toned.

The Bees Knees Wrap (60min) (incl. body exfoliation) R990
This detoxifying body treatment includes a deep cleansing mud wrap. The treatment will help to eliminate excess oils in the skin and assist with conditions like eczema, rashes and sunburn. It also stimulates blood circulation reducing water retention and cellulite.

Happy Hippo Mud Wrap (2hrs) R1750
Body exfoliation
Body wrap
Body massage



Spa Menu

Hands and Feet

Be a bird with well-groomed claws & talons . . .

Deluxe Manicure (90min)

R550

This manicure includes a hand soak with nail and cuticle grooming followed by a hand and arm massage. The manicure ends with a warm moisturizing paraffin mask dip. Includes nail varnish.

Deluxe Pedicure (90min)

R650

This pedicure includes a foot soak and scrub with nail and cuticle grooming followed by a foot and leg massage. The pedicure ends with a warm moisturizing paraffin mask dip. Includes nail varnish.

Manicure (60min)

R370

This manicure includes nail and cuticle grooming with a hand and arm massage. Includes nail varnish.

Pedicure (60min)

R495

This pedicure starts with a foot soak and scrub, leaving tired feet feeling fresh by removing dead skin cells. The treatment ends with nail and cuticle grooming and nail varnish.



AFRICOLOGY®

Bringing Ancient Wisdom to Today's World, Africology makes use of the healing essences of some of South Africa's indigenous plants, Rooibos, Aloe Ferox, Marula and African Potato. The active ingredients in our skin care products are valuable in the repair process and assist with the restoration of damaged skin tissue. We select actives that bring balance and harmony to the skin.

To maintain skin health & balance, we preserve the living essence of the plants naturally. We allow nature to fragrance our products naturally, lulling the senses and creating a relaxed state of mind. By formulating holistically we are able to assist the body and skin on a continuing basis without any of the harmful or aging effects of chemicals.

We acknowledge that all repair and preventative processes start with the self. Our skin is an expression of our hearts and minds. What we put on the outside can be seen as a process of assistance, while we take care of our inner world.

It is also recognized that a relaxed state of mind engenders a positive disposition, clearer thought and greater physical energy.